



5v5

Field Dimensions: Approximately 90 feet x 60 feet

Goals: 8 feet x 5 feet

Shin Guards Recommended

Soccer Cleats for outdoor play - NO Metal Studs

- Each team consists of 5 players one of whom must be the goalkeeper. Any less than 4 players will be considered a forfeit. Game time is forfeit time. Only players on the roster may play.
- Substitutions are allowed at any time on the fly, whether the ball is in play or not, and the substitute player may only enter the court/field once the player leaves the pitch. **Goalkeeper substitutions can only be made when the ball is out of play and with a referee's consent.**
- A goalkeeper may not punt, drop-kick or dribble the ball into play on Goal Kicks.
- The referee is responsible for control of the game and his/her decisions regarding facts connected with play are final.
- The game shall be divided up into two equal periods of 25 minutes. There will be a 2-minute half time between the two periods.
- The **HOME** team will kick off the game. Each team must stay in its own half of the field and the defending players must be at least 5 yards from the ball when it is kicked. After a goal, the team scored upon kicks off. The second half kickoff will be taken by the **AWAY** team.
- In the event of a tie between two teams after the game is complete, the game will be declared a tie. Except in playoffs the following rules apply:
 - Playoff ties are determined by PK's. 3 players will be selected from each team.
 - If the score is still tied at the end of the first round, then sudden death PK's are taken.
 - Whichever player finishes the game in goal will remain as the goalkeeper for the penalty shootout.
- The offside rule is **NOT** in effect.



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- Kick-offs are indirect. Whistle must sound to restart after goal. Tapped balls are not in play, the ball must move forward or backwards.
- Kick-ins are indirect. The ball can be on the line or one foot behind the line. Neither the ball nor the players foot/feet can be inside the pitch. All defenders must be 5 yards from the ball. Delay of a restart may result in a yellow card:
 - A kick in that goes directly into the opposing goal is a goal clearance for the opposing team.
 - A kick in that goes directly into own goal is a corner kick for the opposing team.
- A PK will be awarded, at referee discretion, for fouls inside of the goal area; anywhere within the marked penalty area. GK must stay on the line until the ball is kicked.
- Corner kicks are direct. The ball must be placed directly on the corner spot.
- All fouls/infractions are also direct.
- Goalkeepers may handle the ball anywhere within the marked area. The goalkeeper area will be marked with lines. Goalkeepers are **NOT** allowed to handle the ball if a teammate plays the ball back to them.
- Deliberate handling of the ball that denies the opposing team a goal or an obvious goal scoring opportunity will result in the following: a penalty kick will be awarded & the player committing the foul may be shown a red card (at referee's discretion).
- Good sportsmanship is to prevail at all times.
- Forfeit games will be treated as a 4-0 win.
- At any time a team has a 10 goal lead, the scoring will stop and that becomes the final score of the game. The game continues to be played in its entirety.
- Team standings will be based on the following point system:
 - WIN: 3 points



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- TIE: 1 point
- LOSS: 0 point

Ties in standing will be broken by:

1. Head-to-head results.
 2. Goal differential – Goal differential Limit is 10.
 3. Goals against – Goals against limit is 10.
 4. Goals for – Goals for limit is 10.
 5. Penalty Kicks.
- No sliding or slide tackling is allowed. One knee down on the ground is considered a slide/playing on the ground and will result in a free kick awarded to the opposing team.
 - Slide tackling is legal by the goalkeeper only and must be initiated from within the penalty area. Outside the penalty box, the goalkeeper may not slide tackle or use his or her body illegally. Violations will result in a direct free kick for the opposing team from the point of the foul.
 - Referees have the right to eject anyone from the game for continual disobedience or as a result of an incident that warrants ejection. Anyone that is ejected by the referee or a club official must leave the field and area around the field before play will continue. If they refuses to leave, the game may be forfeited in favor of the opposing team.
 - Yellow Card/Two (2) minute penalty: A player is cautioned and shown a yellow card and must leave the field of play for two (2) minutes. The team will play down a player for the entire two (2) minutes. (This also includes players who may be cautioned as substitutes) The following offences could incur a yellow card:
 - Unsporting behavior: Multiple slide tackles/slides, boarding, rough play, taunting (by word or action from player or spectator).
 - Dissent by word or action.
 - Persistent Infringements.
 - Delaying the restart of play / Failing to respect the required distance when restarting.

* Depending on the nature of the foul and the game, the referee can give a player a two (2) minute warning/break allowing the team to substitute.



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- Red Card/Five (5) minute penalty: A player or substitute who is sent off will leave the field of play and his/her team will play down a man for five (5) minutes, if committing any of the following offences:
 - Serious foul play: Violent tackles, tackles from behind with no intention to play the ball, elbows.
 - Violent conduct: Fighting, provoking a fight, striking or hitting an opponent with or without an object, spitting at an opponent.
 - Denying the opposing team a goal or clear goal scoring opportunity by deliberately handling the ball.
 - Denying the opposing team a goal or clear goal scoring opportunity by committing an offence that would warrant a free kick or penalty kick.
 - Receiving two (2) yellow cards.

* Red-carded players may be suspended for the next game. A player receiving two red cards may be suspended for the next season with the possible expulsion from the facility. This decision is under the jurisdiction of Central Florida Soccer Club.

- All participants and spectators must also abide by all rules set forth by Central Florida Soccer Club & the facilities the Club utilizes. No games will be protested after the completion of the game. The referee and Club officials will have the final say on any disputes and will treat each situation in the fairest and most logical way.

HAVE A GREAT SEASON!!!